# **Nareka Jacques**

**From:** no-reply@centralsaanich.ca <no-reply@web-response.com>

**Sent:** Wednesday, May 21, 2025 3:58 PM

To: Municipal Hall

Subject: Mayor & Council email form submission from centralsaanich.ca

Categories: Pickleball

Submitted on Wed, 05/21/2025 - 3:57pm

Submitted by: Anonymous

Submitted values are:

## **Subject**

Committed pickleball courts at Centennial Park

## **Full Name**

Erika Paul

### **Phone Number**

#### **Address**

1112 Stellys Cross Road BRENTWOOD BAY, BC. V8M 1H5

### Neighbourhood

**Tsartlip Nation** 

### **Email**

# Message

I am writing to support the proposal for the development of four designated pickleball courts, replacing one tennis court at Centennial Park. As there are currently no fulltime designated pickleball courts on the peninsula, it is time this is remedied. Given seniors make up the largest demographic on the Saanich Peninsula, and that a large portion of pickleball players are seniors, it only seems fair and makes sense to provide facilities for this much loved sport.

The proven health benefits of pickleball, especially for mature or senior players, both physical and mentally, screams for our municipality to provide the means for our residents to get out and get healthier by playing this active game.

I am a member of the Peninsula Community Pickleball Club, which has a very diverse membership. Our club alone has numerous retired medical professionals that can attest to the health benefits this game provides, especially for seniors.

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